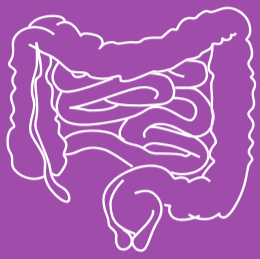


Pro^gast *PROBIOTICS BENEFITS*

FLORACARE FORTE CAPSULES

1 DIGESTIVE HEALTH



Eating food rich in good bacteria and using probiotic supplements may help to provide protection from inflammatory bowel diseases, including ulcerative colitis and Crohn's disease.¹

2 DECREASE IN ANTIBIOTIC RESISTANCE



Probiotic supplements and foods may increase the effectiveness of antibiotics and help prevent the bacteria in your body from becoming resistant.^{2,3}

3 MAY IMPROVE MENTAL ILLNESS



Probiotics benefits do definitely seem to include a reduction in depression symptoms and maybe even autism.^{4,5}

4 IMMUNITY BOOST & DECREASE INFLAMMATION



One study stated that probiotics may have potential for preventing wide scope of immunity-related diseases due anti-inflammatory effect.⁶

5 HEALTHY SKIN



Research suggests that having a balanced gut environment has benefits for both healthy and diseased human skin.⁷

6 DIGESTIVE HEALTH



Infants with poor gut bacteria are more likely to develop allergies over the first two years of life.⁸

7 DIGESTIVE HEALTH



Two dangerous diseases in newborns, necrotizing enterocolitis (NEC) and neonatal sepsis, are helped by a probiotic supplement with multiple strains.⁹

8 DIGESTIVE HEALTH



A large analysis determined that probiotics help to lower blood pressure by improving lipid profiles.^{10,11}

9 DIGESTIVE HEALTH



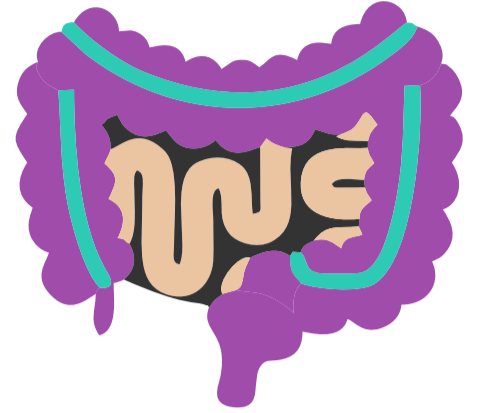
In a massive study involving almost 200,000 subjects, researchers confirmed that a higher intake of probiotic-rich yogurt reduced the risk of developing diabetes.¹²

10 DIGESTIVE HEALTH



Probiotics can improve a number of important factors for patients with the non-alcoholic fatty liver disease.¹³

Probiotics are bacteria that line your digestive tract and support your body's ability to absorb nutrients and fight infection.



VS.



#

Your body contains about the same number of gut bacteria molecules as it does cells for the rest of your body.

1. Live microorganisms (aka bacteria) are similar to beneficial microorganisms found in the human gut.

2. Probiotic bacteria actually helps the body function properly.

2,000

Your skin and digestive system alone host about 2,000 different types of bacteria.
70-80 percent of our entire immune system is located in the digestive tract.



VS.



Our gut or 'second brain' is responsible for creating 95% of the serotonin; it may have significant impact on brain function and mood

TOP PROBIOTIC KILLERS

1



Overuse of Prescription Antibiotics

2



Sugar

3



GMO Foods

4



Inflammatory Gluten

5



Emotional Stress

6



Medications

7



Alcohol (except for red wine)

8



Lack of Exercise

9



Over-sanitation

10



Smoking

11



Poor Sleep Habits